

Report of the European Championships
(Glasgow, 2th of August – 7th of August, 2018)

In the European Championships the Hungarian National Team was represent in the solo events (technical and free) by Kiss Szofi.

This season was not easy for her as long as she was the oldest one in the team. She had the same preparation as our Junior National Team (trainings, camp, and competitions). During the season Szofi competed in national and international level too.

- National level: Hungarian Championships.
- International level: 5 legs of FINA World Series in the solo events (FRA, SVK, HUN, ESP, GRE), European Championship (GBR).

From competition to competition Szofi was improving with her strength and condition however one month before the European Championships she had a discipline problem and the preparation was distructed by her personal behaviour. She wasn't as motivated like at the beginning of the season, she said she already decided she will stop the career.

In Glasgow her performance in the free solo was normal however potentially she could get over 80 points.

Free Solo: the coverage of the pool was short, she didn't get to the side of the pool to the judges panels, her movements were good but the height of her eggbeaters, verticals and trusts were not enough. She had a nice presentation in artistic impression and the difficulty score of the routine was the highest in her marks (total score: 79.2333). She got 13th place she just missed the final with 1 spot.

Technical Solo: the performance of her routine was weaker than in her free routine. She was tired, her movements were slow and she couldn't swim in the same level form the beginning until the end. The element number one was good. Her 2nd element was not high enough, the level of the two turns were just a bit beloved the knee which strongly influenced the scores. In the 3rd element her split wasn't flat. The element number 4 was very good. The 5th element was slow and low (total score: 76.4918). She got 14th place.

Report by Natalia Tarasova (Head coach), Árkovics Petra (Assistant coach).