

19/07/2016	08:00	20:00 Training according to schedule	Wingate Olympic Pool - Main Venue
	18:00	19:00 TSSC meeting	judges meeting room- competition pool
20/07/2016	08:00	20:00 Training according to schedule	competition pool/ training pool
	15:00	16:30 Team Manager Meeting	Tokyo hall
21/07/2016	17:00	18:30 Judges Meeting	Tokyo hall
	08:00	09:30 warm up for solo preliminary	
	09:00	09:30 Judges Meeting	Team hotel
	10:00	12:30 Solo Preliminary Competition	
	16:00	17:30 warm up for Team Preliminary	
	17:00	17:30 Judges Meeting	Team hotel
	18:00	18:15 Opening ceremony	
	18:20	20:00 Team Preliminary Competition	
22/07/2016	08:00	09:30 warm up for Duet Preliminary Competition	
	09:00	09:30 Judges Meeting	Norman hall
	10:00	12:45 Duet Preliminary Competition	
	16:00	17:30 warm up for Free Routine Combination Final with music	
	17:00	17:30 Judges Meeting	Norman hall
	18:00	19:30 Combination Final	
23/07/2016	19:45	Award Ceremony	
	08:00	09:30 warm up for Figure Competition	
	09:00	09:30 Judges Meeting	Norman hall
	10:00	15:30 Figure Competition	
		Draw for Finals	
	16:00	17:30 warm up for Team Final with music	
	17:00	17:30 Judges Meeting	Norman hall
	18:00	19:30 Team Final Competition	
	19:45	Award Ceremony	
	20:30	gala dinner	Hotel Ramada
24/07/2016	08:00	09:30 warm up for Solo Final with music	
	09:00	09:30 Judges Meeting	Norman hall
	10:00	11:30 Solo Final Competition	
	11:45	Award Ceremony	
	15:00	16:30 warm up for Duet Final Competition with music	
	16:00	16:30 Judges Meeting	Norman hall
	17:00	18:30 Duet Final Competition	
	18:45	Award Ceremony	
	20:00	Farewell Party	Hotel Ramada
meals time			
	breakfast	06:30	10:00
	lunch	12:30	15:00
	dinner	19:00	22:00